



Weight, Calories, and Your Pet



Ideal Dog Weights

Breed	Weight
Beagle	26-31 lbs.
Boxer	53-70 lbs.
Dachshund	less than 16 lbs.
German Shepherd	70-95 lbs.
Golden Retriever	55-75 lbs.
Labrador Retriever	55-80 lbs.
Miniature Schnauzer	11-15 lbs.
Miniature Poodle	11 lbs.
Shih Tzu	8-18 lbs.
Yorkshire Terrier	8 lbs.

Ideal Cat Weights

Breed	Weight
Domestic cat	26-31 lbs.
Maine Coon	53-70 lbs.
Persian	less than 16 lbs.
Siamese	70-95 lbs.

Daily caloric needs

10-lb. cat	275 calories
10-lb. dog	300 calories
20-lb. dog	500 calories
50-lb. dog	1,200 calories

Your pet is at a healthy weight if

- ✓ Ribs are easily felt
- ✓ Stomach doesn't sag
- ✓ Waist is easily noted when viewed from above

Your pet is overweight if

- ✓ Ribs are difficult to feel under the fat
- ✓ Stomach sags—you can grab a handful of fat!
- ✓ Back is broad and flat
- ✓ Waist is barely visible or absent